

# Christy's Gymnastics

150-50 141st Road • Whitestone, New York 11357 • (718) 767-0123



## SPRING SEMESTER

March 24 – June 23 (12 weeks)

Christysgymnastics.net

The spring semester is twelve weeks. For your convenience we have divided it into two payments periods, or you may prepay for the entire 12 weeks and receive a discounted fee. **CHRISTY'S ACCEPTS CHECKS OR CASH AS PAYMENT.**

*Christy's Gymnastics was founded in 1984 as a full service gymnastics facility. Our philosophy has always been to provide a safe but exciting environment in which children improve their skills and build self-esteem through the fun of a developmental learning program. To help students, Christy's offers a most credential staff and a state of the art facility.*

**OUR PROGRAM IS SAFETY CERTIFIED BY USAG  
USAG MEMBER CLUB**

**ALL PROFESSIONAL STAFF IS BACKGROUND CHECKED**

**FOR PAYMENT CONVENIENCE**

First payment 3/24 – 5/10

Second payment 5/12-6/23

### HOLIDAYS

Easter/Passover

4/14 – 4/19

Memorial Day 5/26

LOOK FOR----

**BIRTHDAY PARTIES**

**PRIVATE LESSONS**

**CHEER PROGRAM**





## GYMTIME PROGRAMS

### JUNIOR GYM 4 AND 5 YEARS (1 HOUR)

Our clean safe fully equipped environment offers children 4 and 5 years an introduction to gymnastics and movement. This program is instructional as well as ensuring each child's experience in the gym to be educational as well as fun.

Sat. 9:30-10:30

### GYMTIME 6 YRS AND OLDER ( 1 ½ HRS/WEEK)

Gymtime is Christy's recreational program. Whether students are beginning their training with little experience or have previous experience, our qualified staff will work with each individual child in order to help them reach their goals.

Mon. 4-5:30

Tues. 4-5:30

Thurs. 4-5:30

Sat. 10:40 - 12:10

### ADVANCED GYMNASTICS

This program is designed for children with previous gymnastic experience. To be eligible for Advanced gymnastics students should be able to accomplish a cartwheel, bridge kick over and a handstand forward roll.

Mondays 4-5:30

### RISING STARS

RISING STARS is that program that offers the "little bit more". It's a two day per week program. In order to elect RISING STARS, children will need a good forward roll, back roll and a good cartwheel. Children work off a STAR CHART where they earn stars for specific skills. This is a year long program. Medals are awarded medal for achievement in June.

Tues. and Thurs 5:30-7

INFORMATION IS AVAILABLE REGARDING OUR COMPETITIVE TEAM

## GENERAL INFORMATION

1. At registration, 100% of the tuition is required
2. There are no refunds
3. Siblings: There is a 10% discount from the second child's class fee. When the class fees are different, the discount is taken from the lesser of the two classes.
4. There is a \$25 fee for all checks not clearing the bank.
5. Christy's reserves the right to cancel classes
6. There is a \$30 fee for all trial classes and guests
7. Each child is limited to one trial class.

## Class fees

	6 weeks & 6 weeks	12 weeks
Junior Gym (1hour)	\$230 & \$230	\$420
Gymtime (1 ½ hours)	\$260 & \$260	\$480
Rising Stars (2x/wk)	\$440 & \$440	\$840

## APPLICATION

CHILD'S NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_  
 PARENTS NAME \_\_\_\_\_ GYM CLASS \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_  
 HEALTH PROBLEMS \_\_\_\_\_  
 PREVIOUSLY ENROLLED \_\_\_\_\_

**ATTIRE:** Girls are required to wear a leotard. Boys take class is shorts and a tee shirt. Class is taken barefoot. Masks are optional.

**CHRISTY'S ACCEPTS CHECKS OR CASH AS PAYMENT**

## WAIVER AND RELEASE

We at Christy's recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics. Students may suffer injuries, minor or more serious in nature. I understand that there is a risk of exposure to COVID 19. The staff of Christy's will not accept responsibility for any injury or virus sustained. With that in mind, I waive and release all rights and damages that I or my child have against the club or its representatives.

Signature \_\_\_\_\_ Print name \_\_\_\_\_ date \_\_\_\_\_

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**JOIN OUR**

**CHEER GYM**

**FEB. 24 – MAY 12**

**Prepare for a future cheer team**

**Recommended ages 8-14 yrs.**

**Join our rising cheer stars**

**Mondays 5:30-6:45**

**Fee: \$350 (we accept checks or cash)**

**HOLIDAYS**

*St. Patricks day 3/17*

*Spring recess 4/14*

**TAUGHT BY ST. FRANCIS PREP CHEER COACHES**

**ROSIE, DANIELLE AND CHRISTINA**

## APPLICATION

**NAME** \_\_\_\_\_ **BIRTHDATE** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**EMAIL** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**HEALTH PROBLEMS** \_\_\_\_\_

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**OPEN GYM**

**FRIDAY**

**MARCH 7**

**4-5:30**

**\$20 AT THE DOOR**

**\$15 PRE REGISTER**

**SUGGESTED AGE 7+**

**ALL WELCOME**

**NON-INSTRUCTIONAL**