

Christy's Gymnastics

150-50 14th Road • Whitestone, New York 11357 • (718) 767-0123

WINTER SEMESTER

JAN. 6 – MARCH 22 (10 weeks)

Christysgymnastics.net



The winter semester is ten weeks. For your convenience we have divided it into two payments periods, or you may prepay for the entire 10 weeks and receive a discounted fee. **CHRISTY'S ACCEPTS CHECKS OR CASH AS PAYMENT.**

Christy's Gymnastics was founded in 1984 as a full service gymnastics facility. Our philosophy has always been to provide a safe but exciting environment in which children improve their skills and build self-esteem through the fun of a developmental learning program. To help students, Christy's offers a most credential staff and a state of the art facility.

OUR PROGRAM IS SAFETY CERTIFIED BY USAG

USAG MEMBER CLUB

ALL PROFESSIONAL STAFF IS BACKGROUND CHECKED

FOR PAYMENT CONVENIENCE

First payment 1/6-2/8

Second payment 2/10-3/22

HOLIDAYS

Presidents week

Mon. 2/17 – Sat. 2/22

LOOK FOR----

BIRTHDAY PARTIES

PRIVATE LESSONS

CHEER PROGRAM



**THE WINTER SESSION CONCLUDES ON MARCH 22
AND THE SPRING SESSION BEGINS ON MARCH 24.**

GYMTIME PROGRAMS

JUNIOR GYM 4 AND 5 YEARS (1 HOUR)

Our clean safe fully equipped environment offers children 4 and 5 years an introduction to gymnastics and movement. This program is instructional as well as ensuring each child's experience in the gym to be educational as well as fun.

Sat. 9:30-10:30

GYMTIME 6 YRS AND OLDER (1 ½ HRS/WEEK)

Gymtime is Christy's recreational program. Whether students are beginning their training with little experience or have previous experience, our qualified staff will work with each individual child in order to help them reach their goals.

Mon. 4-5:30

Tues. 4-5:30

Thurs. 4-5:30

Sat. 10:40 - 12:10

ADVANCED GYMNASTICS

This program is designed for children with previous gymnastic experience. To be eligible for Advanced gymnastics students should be able to accomplish a cartwheel, bridge kick over and a handstand forward roll.

Mondays 4-5:30

RISING STARS

RISING STARS is that program that offers the "little bit more". It's a two day per week program. In order to elect RISING STARS, children will need a good forward roll, back roll and a good cartwheel. Children work off a STAR CHART where they earn stars for specific skills. This is a year long program. Medals are awarded medal for achievement in June.

Tues. and Thurs 5:30-7

INFORMATION IS AVAILABLE REGARDING OUR COMPETITIVE TEAM

GENERAL INFORMATION

1. At registration, 100% of the tuition is required
2. There are no refunds
3. Siblings: There is a 10% discount from the second child's class fee. When the class fees are different, the discount is taken from the lesser of the two classes.
4. There is a \$25 fee for all checks not clearing the bank.
5. Christy's reserves the right to cancel classes
6. There is a \$30 fee for all trial classes and guests
7. Each child is limited to one trial class.

CLASS FEES

	5 weeks and 5 weeks	10 week discount
Junior Gym (1 hr.)	\$200 & \$200	\$350
Gymtime (1 ½ hrs)	\$240 & \$240	\$435
Adv. Gym (1 ½ hrs)	\$240 & \$240	\$435
Rising Stars (2x/wk)	\$425 & \$425	\$800



APPLICATION

CHILD'S NAME _____ BIRTHDATE _____
 PARENTS NAME _____ GYM CLASS _____
 ADDRESS _____
 EMAIL _____ PHONE _____
 HEALTH PROBLEMS _____
 PREVIOUSLY ENROLLED _____

ATTIRE: Girls are required to wear a leotard. Boys take class is shorts and a tee shirt. Class is taken barefoot. Masks are optional.

CHRISTY'S ACCEPTS CHECKS OR CASH AS PAYMENT

WAIVER AND RELEASE

We at Christy's recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics. Students may suffer injuries, minor or more serious in nature. I understand that there is a risk of exposure to COVID 19. The staff of Christy's will not accept responsibility for any injury or virus sustained. With that in mind, I waive and release all rights and damages that I or my child have against the club or its representatives.

Signature _____ Print name _____ date _____

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JOIN OUR CHEER GYM SEPT. 30 - DEC. 16 CHEER PREP

Prepare for our future cheer team
Recommended ages 8-14 yrs.

Join our rising cheer stars
Mondays 5:30-6:45

Fee: \$350 (WE ACCEPT CHECK OR CASH AS PAYMENT)
HOLIDAYS

10/12 COLUMBUS DAY, NOVEMBER 11 VETERANS DAY

TAUGHT BY ST. FRANCIS PREP CHEER COACHES
ROSIE, DANIELLE AND CHRISTINA

APPLICATION

NAME _____ BIRTHDATE _____
ADDRESS _____
EMAIL _____ PHONE _____
HEALTH PROBLEMS _____

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TUMBLE ONLY
MONDAYS 5:30-6:30
JAN.6 - FEB. 10

HAVE FUN LEARNING TUMBLING SKILLS
INSTRUCTION ON FLOOR, TRAMPOLINE
AND TUMBLE TRAK

BEGINNING AND MORE ADVANCED SKILLS
FEE : \$225 (Christy's accept checks or cash)
Suggested age 7 and over

APPLICATION

NAME _____ **BIRTHDATE** _____
ADDRESS _____
EMAIL _____ **PHONE** _____
HEALTH PROBLEMS _____

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Signature _____ Print name _____ date _____

ASK ABOUT OUR—

RISING STARS PROGRAM

IT'S JUST THAT LITTLE MORE

2 TIMES PER WEEK

Tuesday and Thursday 5:30-7

Have fun make new friends

Earn stars and medals

**A STEPPING STONE TO OUR
COMPETITIVE TEAM**

**RECOMMENDED AGES 7 AND OVER
CHILDREN ARE REQUIRED TO BE ABLE
TO DO A FORWARD ROLL, BACK ROLL
AND A GOOD CARTWHEEL**