

# Christy's Gymnastics

150-50 141st Road • Whitestone, New York 11357 • (718) 767-0123



## FALL SEMESTER

SEPT.18-DEC.16

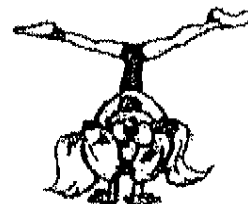
CHRISTYSGYMNASTICS.NET

The Fall semester is twelve weeks. For your convenience we have divided the semester into two payment periods, or if you wish you may pay for the entire 12 week and receive a discount. **CHRISTY'S ACCEPTS CHECKS OR CASH AS PAYMENT**

Christy's Gymnastics was founded in 1984 as a full service gymnastics facility. Our philosophy has always been to provide a safe but exciting environment in which children improve their skills and build self-esteem through the fun of a developmental learning program. To help all students, Christy's offers a most credentialed staff and state of the art facility.

**OUR PROGRAM IS SAFETY CERTIFIED AND KINDER  
ACCREDITED BY USA GYMNASTICS  
USA GYMNASTICS MEMBER CLUB  
ALL PROFESSIONAL STAFF ARE BACKGROUND CHECKED**

**FOR PAYMENT CONVENIENCE  
FIRST PAYMENT SEPT 18 – OCT. 30  
SECOND PAYMENT NOV 1 – DEC. 16**



### HOLIDAYS

Yom Kippur 9/25

Halloween 10/30

Thanksgiving Nov. 20-25

**BIRTHDAY PARTIES**

**PRIVATE LESSONS**

# **GYMTIME PROGRAMS**

## **JUNIOR GYM 4 AND 5 YEARS (1 HOUR)**

Our clean safe fully equipped environment offers children 4 and 5 years an introduction to gymnastics and movement. This program is instructional as well as ensuring each child's experience in the gym to be educational as well as fun.

Sat. 9:45-10:45

## **GYMTIME 6 YRS AND OLDER ( 1 ½ HRS/WEEK)**

Gymtime is Christy's recreational program. Whether students are beginning their training with little experience or have previous experience, our qualified staff will work with each individual child in order to help them reach their goals.

Mon. 4-5:30    Tues. 4-5:30    Thurs. 4-5:30    Fri. 4-5:30    Sat. 10:30-12

## **ADVANCED GYMNASTICS**

This program is designed for children with previous gymnastic experience. To be eligible for Advanced gymnastics students should be able to accomplish a cartwheel, bridge kick over and a handstand forward roll.

Mondays 4-5:30

## **RISING STARS**

RISING STARS is that program that offers the "little bit more". It's a two day per week program. In order to elect RISING STARS, children will need a good forward roll, back roll and a good cartwheel. Children work off a STAR CHART where they earn stars for specific skills. This is a year long program. Medals are awarded medal for achievement in June.

Tues. and Thurs 5:30-7

# CHEER

JOIN OUR

## CHEER GYM

FALL SESSION 12 WEEKS

Sept. 18-Dec. 16

## CHEER PREP

JOIN OUR RISING CHEER STARS

Prepare for our future cheer team

Recommended ages 8-14 yrs.

Mondays 5:30-6:45 Fee \$420

Taught by ST.FRANCIS PREP CHEER COACHES

ROSIE, DANIELLE AND CHRISTINA

Have fun! Learn cheer techniques, jumps, pyramid building

Presentation at the end of the session

## TUMBLE ONLY

CALLING ALL CHEERLEADERS, DANCERS, GYMNASTS AND  
MARTIAL ARTS STUDENTS.

IMPROVE YOUR TUMBLING SKILLS, GAIN

FLEXIBILITY AND CONDITIONING

MONDAYS 4-5:15 FEE \$420

## GENERAL INFORMATION

1. At registration, 100% of the tuition is required
2. There are no refunds
3. Siblings: There is a 10% discount from the second child's class fee. When the class fees are different, the discount is taken from the lesser of the two classes.
4. There is a \$25 fee for all checks not clearing the bank.
5. Christy's reserves the right to cancel classes
6. There is a \$30 fee for all trial classes and guests
7. Each child is limited to one trial class.

## Class fees

	6 weeks & 6 weeks	12 weeks
Junior Gym (1hour)	\$230 & \$230	\$420
Gymtime (1 ½ hours)	\$260 & \$260	\$480
Rising Stars (2x/wk)	\$440 & \$440	\$840

## APPLICATION

CHILD'S NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_  
PARENTS NAME \_\_\_\_\_ GYM CLASS \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_  
HEALTH PROBLEMS \_\_\_\_\_  
PREVIOUSLY ENROLLED \_\_\_\_\_

**ATTIRE:** Girls are required to wear a leotard. Boys take class is shorts and a tee shirt.  
Class is taken barefoot. Masks are optional.

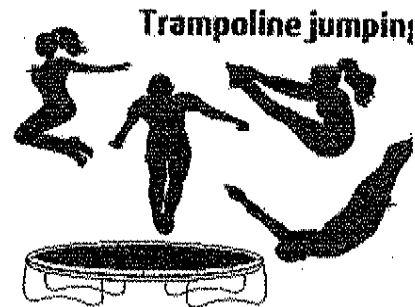
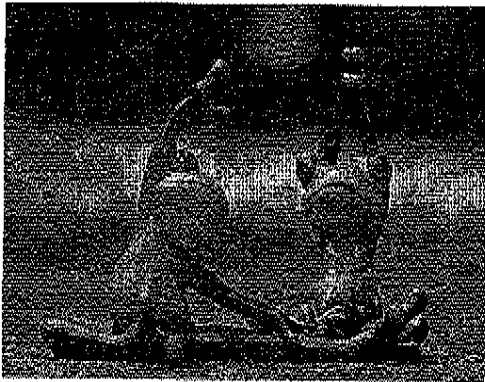
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## WAIVER AND RELEASE

We at Christy's recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics. Students may suffer injuries, minor or more serious in nature. I understand that there is a risk of exposure to COVID 19. The staff of Christy's will not accept responsibility for any injury or virus sustained. With that in mind, I waive and release all rights and damages that I or my child have against the club or its representatives.

Signature \_\_\_\_\_ Print name \_\_\_\_\_ date \_\_\_\_\_

# Have a Flippin' Good Time at Steve's Birthday Parties!



Held at **CHRISTY'S GYMNASTICS!!!**

## What We Provide.

- One Hour of Gym Time Fun Filled Activities. (Private Gym Space)
- 30 Minutes Of Celebration in a Private Party Room.
- Pizza, Drinks, and Paperware. (One Slice of Pizza Per Child)
- Fun, Promotional Goodie Bags!
- Three Instructors For The First 14 Children.

## Information.

- ❖ ~~\$525~~ <sup>\$525</sup> for up to 14 children.
- ❖ \$15.00 each additional child.
- ❖ Additional time available. (Inquire with Steve)
- ❖ Gym attire required. (No zippers or hoods, and please no jewelry)
- ❖ Age requirement: 5 years and older.
- ❖ Only birthday children's parents are allowed on the gym floor. (There is a viewing area for other guests)
- ❖ The party is taken barefoot.
- ❖ No alcohol or smoking of any kind permitted on premises.

Party Times are Available Saturdays from 2PM to 7PM & Sundays from 12PM to 7PM  
\$60.00 Deposit required to hold your party slot.

All Questions, Call Steve @ 917 699-9609